LUNCH

SEPTEMBER 2024

BVCS- Lake View Campus

Every day we offer a delicious and varied salad bar full of fruits and veggies.

0	Monday	Tuesday	Wednesday	Thursday	Friday
	2 NO SCHOOL TODAY LABOR DAY	Beef or Bean Tacos Seasoned Rice Refried Beans Fruits & Veggies Milk	A Baked Chicken Potato Wedges Dinner Rolls Fruits & Veggies Milk	Pasta Bar Marinara/Meatsauce/Butter Fruits & Veggies Milk	Italian Dunkers w/ Marinara Fruits & Veggies Milk
Q	Hamburgers Cheeseburgers Baked Beans Fruits & Veggies Milk	Chicken or Bean Quesadillas Seasoned Rice Fruits & Veggies Milk	Sloppy Joes On a Roll Fruits & Veggies Milk	BBQ or Plain Chicken Pasta Salad Fruits & Veggies Milk	Cheese Pizza Pepperoni Pizza Fruits & Veggies Milk
	Buffalo or Plain Chicken Mac and Cheese Fruits & Veggies Milk	Beef or Bean Tacos Seasoned Rice Fruits & Veggies Milk	18 EARLY DISMISSAL BAGGED LUNCH	Breakfast for Lunch Scrambled Eggs, Home Fries Sausage Links, Black Beans Fruits & Veggies Milk	Italian Dunkers w/ Marinara Fruits & Veggies Milk
	23 Italian or Plain Chicken Over Pasta Fruits & Veggies Milk	Chicken or Bean Fajitas Seasoned Rice Refried Beans Fruits & Veggies Milk	25 Grilled Cheese Sandwich Tomato Soup Fruits & Veggies Milk	Breakfast Wraps 26 Sausage, Bacon, Egg and Cheese Fruits & Veggies Milk	Cheese Pizza Pepperoni Pizza Meat Lovers Pizza Fruits & Veggies Milk
	Hamburgers Cheeseburgers Fruits & Veggies Milk			ġ.	

Boquet Valley CSD encourages all students to select a complete meal containing all 5 food components at lunch. Students must select at least <u>3 food</u> <u>components</u>, with one of the food components being at least <u>½ cup of fruit or vegetable</u> to constitute a reimbursable meal. Alternate choices are SB&J* or Egg Salad Sandwich. All students eat free meals

in our school.