LUNCH

SEPTEMBER 2024

BVCS-Mountain View

Every day we offer a delicious and varied salad bar full of fruits and veggies.

	Monday	Tuesday	Wednesday	Thursday	Friday
	2 LABOR DAY NO SCHOOL	Chicken Tacos Seasoned Rice Refried Beans Fruit & Veggies Milk	4 Baked Ziti Dinner Roll Fruit & Veggie Milk	BBQ Pork 5 On a Bun Coleslaw Fruit & Veggie Milk	Cheese Pizza Pepperoni Pizza Fruit & Veggie Milk
	Hamburger Cheeseburger Baked Beans Fruit & Veggie Milk	Chicken Bacon And Cheese Burrito Pasta Salad Fruit & Veggie Milk	Sloppy Joes On a Bun Fruit & Veggie Milk	12 Buffalo or BBQ Chicken Seasoned Rice Fruit & Veggie Milk	Italian Dunkers Marinara Fruit & Veggie Milk
F	16 Sweet and Spicy Chicken Lo Mein Noodles Fruit & Veggie Milk	Taco Tuesday Beef or Bean Seasoned Rice Refried Beans Fruit & Veggie Milk	Early Release Tuna or Egg Salad Sandwich Tortilla Chips Fruit & Veggie	Cheeseburger Burrito Bacon Ranch Pasta Fruit & Veggie Milk	Cheese Pizza Pepperoni Pizza Fruit & Veggie Milk
	Grilled Cheese Sandwich Homemade Soup Fruit & Veggie Milk	24 Mildly Spicy Chicken Legs Pasta Salad Fruit & Veggie Milk	Hamburger Cheeseburger Baked Beans Fruit & Veggie Milk	Hawaiian Chicken Seasoned Rice Fruit & Veggie Milk	Italian Dunkers Marinara Fruit & Veggie Milk
	Cheesy Beef and Potato Burrito Seasoned Rice Fruit & Veggie Milk			A Contraction of the second se	

Boquet Valley CSD encourages all students to select a complete meal containing all 5 food components at lunch. Students must select at least <u>3 food</u> <u>components</u>, with one of the food components being at least <u>½ cup of fruit or vegetable</u> to constitute a reimbursable meal. Alternate choices are SB&J* or Egg Salad Sandwich. All students eat free meals

in our school.