

DECEMBER 2024

BVCS - Lake View

Every day we offer a delicious and varied salad bar filled with fruits and vegetables.

| Monday | Tuesday | Wednesday | Thursday | Friday |
|----------------------------------------------------------------------------|-------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------|
| Hamburger / Cheeseburger Baked Beans Fruits and Vegetables Milk | Chicken / Bean Quesadilla Brown Rice Seasoned Corn Fruits and Vegetables Milk | Pasta Bar! Meat Sauce, Marinara, or Alfredo Sauce Fruits and Vegetables Milk | Baked Chicken Pasta Salad Fruits and Vegetables Milk | Italian Dunkers Marinara Sauce Fruits and Vegetables Milk |
| Macaroni and Cheese w/ Buffalo Chicken or Plain Fruits and Vegetables Milk | Beef / Bean Tacos Brown Rice Refried Beans Fruits and Vegetables Milk | Wrap Day! Tuna / Egg Salad Chips and Salsa Fruits and Vegetables Milk | Sloppy Joe on a Bun Honey Roasted Carrots Fruits and Vegetables Milk | Cheese Pizza Pepperoni Pizza Specialty Pizza Fruits and Vegetables Milk |
| Nachos with Beef Seasoned Rice Pinto Beans Fruits and Vegetables Milk | Grilled Cheese Sandwich Homemade Soup Fruits and Vegetables Milk | Spaghetti Meat Sauce / Marinara Green Beans Garlic Sticks Fruits and Vegetables Milk | Holiday Brunch! Waffles Home fries + Sausage Yogurt and Homemade Granola Fruits and Vegetables Milk | Italian Dunkers Marinara Sauce Fruits and Vegetables Milk |
| NO SCHOOL Winter Break | NO SCHOOL Winter Break | NO SCHOOL Winter Break | NO SCHOOL Winter Break | NO SCHOOL www. Winter Break |
| NO SCHOOL 業 Winter Break | NO SCHOOL Winter Break | | | |

Lake View School encourages all students to select a complete meal containing all 5 food components at lunch. Students must select at least 3 food components, with one of the food components being at least ½ cup of fruit or vegetable to constitute a reimbursable meal.