LUNCH

## **JANUARY 2025**

BVCS – Lake View

Every day we offer a delicious and varied salad bar full of fruits and vegetables!

Monday	Tuesday	Wednesday	Thursday	Friday
		NO SCHOOL Winter Break	2 NO SCHOOL Winter Break	NO SCHOOL Winter Break
Hamburger / Cheeseburger Homemade French Fries w/ Gravy and Cheese Fruits and Vegetables Milk	Burritos Chicken / Bean Brown Rice Fruits and Vegetables Milk	8 Grilled Cheese Sandwich Homemade Soup Fruits and Vegetables Milk	Italian / Plain Chicken Buttered Noodles Steamed Carrots Fruits and Vegetables Milk	Cheese Pizza Pepperoni Pizza Sausage Pizza Fruits and Vegetables Milk
13 Macaroni and Cheese Buffalo Chicken / Plain Fruits and Vegetables Milk	Tacos Beef / Bean Brown Rice / Corn Fruits and Vegetables Milk	Baked Chicken Pasta Salad Roasted Broccoli Fruits and Vegetables Milk	Io Sloppy Joe Homemade Potato Wedges Fruits and Vegetables Milk	Italian Dunkers Marinara Sauce Fruits and Vegetables Milk
NO SCHOOL Martin Luther King Jr. Day	Nachos 21 Beef / Bean Brown Rice / Corn Fruits and Vegetables Milk	BBQ / Plain Chicken Homemade Macaroni Salad Peas + Carrots Fruits and Vegetables Milk	Branch for Lanch! 23 French Toast Home Fries / Sausage Local Yogurt + Granola Fruits and Vegetables Milk	Cheese Pizza Pepperoni Pizza Supreme Pizza Fruits and Vegetables Milk
27 Tuna / Egg Salad Sandwich Chips and Salsa Fruits and Vegetables Milk	Quesadillas Chicken / Bean Brown Rice / Corn Fruits and Vegetables Milk	NO SCHOOL Lunar New Year	Pasta Bar Meat Sauce / Marinara / Alfredo Sauce Garlic Bread Fruits and Vegetables Milk	Italian Dunkers Marinara Sauce Fruits and Vegetables Milk

Lake View School encourages all students to select a complete meal containing all 5 food components at lunch. Students must select at least 3 food components, with one of the food components being at least ½ cup of fruit or vegetable to constitute a reimbursable meal.

Alternate lunch choices are PB&J or Egg Salad Sandwich. All students eat free meals! If you have a food allergy, please notify us.