

Monday

Tuesday

Wednesday

Thursday

Friday

We Proudly Use These Local Vendors!

Juniper Hill Farm- Produce + Fresh Eggs
 Essex Food Hub – Apples / Pasta
 North Country Creamery - Yogurt
 Donahue’s Livestock and Lucki7 - Beef
 Glaziers - Milk

NO SCHOOL



Holiday Break

NO SCHOOL



Holiday Break

5
 Pulled BBQ Chicken Sandwich
 Baked Beans
 Fruits and Vegetables
 Milk

6
 Beef Nachos
 Brown Rice
 Beans / Corn
 Fruits and Vegetables
 Milk

7
 Sloppy Joe on a Bun
 Potato Wedges
 Fruits and Vegetables
 Milk

8
 Macaroni and Cheese
 Buffalo Chicken / Plain
 Green Beans
 Fruits and Vegetables
 Milk

9
 Pepperoni Pizza
 Cheese Pizza
 Homemade Dessert
 Fruits and Vegetables
 Milk

12
 Spaghetti
 Meat Sauce / Marinara
 Garlic Bread
 Fruits and Vegetables
 Milk

13
 Chicken Cantina Bowl
 Brown Rice
 Beans / Corn
 Fruits and Vegetables
 Milk

14
 Hamburger / Cheeseburger
 Pasta Salad
 Fruits and Vegetables
 Milk

15
Brunch for Lunch!
 French Toast / Maple Syrup
 Sausage / Eggs / Home Fries
 Yogurt / Granola / Berries
 Fruits and Vegetables
 Milk

16
 EARLY RELEASE
Bagged Lunch

19
 NO SCHOOL
*Martin Luther King Jr.
 Day*

20
 Beef Tacos
 Brown Rice
 Beans / Corn
 Fruits and Vegetables
 Milk

21
 Italian Chicken
 Buttered Noodles
 Roasted Carrots
 Fruits and Vegetables
 Milk

22
 Shepherd’s Pie
 Homemade Biscuit
 Fruits and Vegetables
 Milk

23
 Italian Dunkers
 Marinara Sauce
 Homemade Dessert
 Fruits and Vegetables
 Milk

26
 Goulash
 Caesar Salad
 Fruits and Vegetables
 Milk

27
 Chicken Quesadillas
 Brown Rice
 Beans / Corn
 Fruits and Vegetables
 Milk

28
 Grilled Cheese Sandwich
 Homemade Soup
 Fruits and Vegetables
 Milk

29
Brunch for Lunch!
 Breakfast Burritos
 Scrambled Eggs / Sausage / Cheese
 Yogurt / Granola / Berries
 Fruits and Vegetables
 Milk

30
 Pepperoni Pizza
 Cheese Pizza
 Homemade Dessert
 Fruits and Vegetables
 Milk

Lake View School encourages all students to select a complete meal containing all 5 food components at lunch.

Students must select at least 3 food components, with one of the food components being at least ½ cup of fruit or vegetable to constitute a reimbursable meal.

Alternate lunch choices are PB&J or Egg Salad Sandwich. All students eat free meals! If you have a food allergy, please notify us.