

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Lasagna Homemade Roll Fruits and Vegetables Milk</p>	<p>3</p> <p>Chicken Quesadilla Brown Rice Beans / Corn Fruits and Vegetables Milk</p>	<p>4</p> <p>Hamburger / Cheeseburger Baked Beans Fruits and Vegetables Milk</p>	<p>5</p> <p>Chicken and Biscuits Mashed Potatoes Fruits and Vegetables Milk</p>	<p>6</p> <p>Cheese Pizza Pepperoni Pizza Specialty Pizza Homemade Dessert Fruits and Vegetables Milk</p>
<p>9</p> <p>Sloppy Joe Pasta Salad Fruits and Vegetables Milk</p>	<p>10</p> <p>Chicken Cantina Bowl Chicken / Brown Rice Beans / Corn Fruits and Vegetables Milk</p>	<p>11</p> <p>Grilled Cheese Sandwich Homemade Soup Fruits and Vegetables Milk</p>	<p>12</p> <p>Macaroni and Cheese Buffalo Chicken Fruits and Vegetables Milk</p>	<p>13</p> <p>Cheese Pizza Pepperoni Pizza Specialty Pizza Homemade Dessert Fruits and Vegetables Milk</p>
<p>16</p> <p>NO SCHOOL  <i>Winter Break</i></p>	<p>17</p> <p>NO SCHOOL  <i>Winter Break</i></p>	<p>18</p> <p>NO SCHOOL  <i>Winter Break</i></p>	<p>19</p> <p>NO SCHOOL  <i>Winter Break</i></p>	<p>20</p> <p>NO SCHOOL  <i>Winter Break</i></p>
<p>23</p> <p>Teriyaki Chicken Lo Mein Fruits and Vegetables Milk</p>	<p>24</p> <p>Beef Nachos Homemade Cheese Sauce Brown Rice Beans / Corn Fruits and Vegetables Milk</p>	<p>25</p> <p><i>Brunch for Lunch!</i> English Muffin / Scrambled Eggs Home Fries / Sausage Links Yogurt / Granola / Berries Fruits and Vegetables Milk</p>	<p>26</p> <p>Chicken Wrap Garlic Parmesan Noodles Fruits and Vegetables Milk</p>	<p>27</p> <p>Cheese Pizza Pepperoni Pizza Specialty Pizza Homemade Dessert Fruits and Vegetables Milk</p>

We Proudly Use These Local Vendors!
 Juniper Hill Farm- Produce + Fresh Eggs
 Essex Food Hub – Apples / Pasta
 North Country Creamery - Yogurt
 Donahue's Livestock and Lucki7 - Beef
 Glaziers - Milk

Mountain View School encourages all students to select a complete meal containing all 5 food components at lunch.

Students must select at least 3 food components, with one of the food components being at least ½ cup of fruit or vegetable to constitute a reimbursable meal.

Alternate lunch choices are PB&J or Egg Salad Sandwich. All students eat free meals! If you have a food allergy, please notify us.