

### Monday

**2**  
Cheese / Pepperoni Quesadilla  
Marinara Sauce  
Pasta Salad  
Fruits and Vegetables  
Milk

**9**  
Chicken Stew  
Homemade Dinner Roll  
Fruits and Vegetables  
Milk

**16**  
Goulash  
Cheddar Breadstick  
Caesar Salad  
Fruits and Vegetables  
Milk

**23**  
Hamburger / Cheeseburger  
Baked Beans  
Fruits and Vegetables  
Milk

**30**  
Chicken Cantina Bowl  
Brown Rice  
Beans / Corn  
Fruits and Vegetables  
Milk

### Tuesday

**3**  
Chicken / Plain Alfredo  
Roasted Broccoli  
Fruits and Vegetables  
Milk

**10**  
Beef Tacos  
Brown Rice  
Beans / Corn  
Fruits and Vegetables  
Milk

**17**  
Chicken Bacon Burrito  
Seasoned Rice  
Crispy Chickpeas  
Fruits and Vegetables  
Milk

**24**  
Sticky Chicken  
Lo Mein Noodles  
Fruits and Vegetables  
Milk

**31**  
Stuffed Shells  
Meat / Cheese  
Garlic Broccoli  
Fruits and Vegetables  
Milk

### Wednesday

**4**  
Cheeseburger Burrito  
Black Bean and Corn Salad  
Seasoned Rice  
Fruits and Vegetables  
Milk

**11**  
*Brunch for Lunch*  
Pancakes / Maple Syrup  
Sausage / Scrambled Eggs  
Home Fries / Yogurt / Granola  
Fruits and Vegetables  
Milk

**18**  
Grilled Cheese Sandwich  
Homemade Soup  
Fruits and Vegetables  
Milk

**25**  
Philly Cheesesteak Sub  
Homemade Cheese Sauce  
Roasted Peppers / Onions  
Fruits and Vegetables  
Milk

### Thursday

**5**  
Chili  
Homemade Corn Muffin  
Fruits and Vegetables  
Milk

**12**  
Chicken Parmesan Sub  
Honey Glazed Carrots  
Fruits and Vegetables  
Milk

**19**  
*Early Release*  
Italian Dunkers  
Marinara Sauce  
Fruits and Vegetables  
Milk

**26**  
BBQ / Plain Chicken on a Bun  
Potato Salad / Coleslaw  
Fruits and Vegetables  
Milk

### Friday

**6**  
Cheese Pizza  
Pepperoni Pizza  
Specialty Pizza  
Homemade Dessert  
Fruits and Vegetables  
Milk

**13**  
Cheese Pizza  
Pepperoni Pizza  
Specialty Pizza  
Homemade Dessert  
Fruits and Vegetables  
Milk

**20**  
NO SCHOOL  
*Superintendents Day*

**27**  
Cheese Pizza  
Pepperoni Pizza  
Specialty Pizza  
Homemade Dessert  
Fruits and Vegetables  
Milk

Mountain View School encourages all students to select a complete meal containing all 5 food components at lunch.

Students must select at least 3 food components, with one of the food components being at least ½ cup of fruit or vegetable to constitute a reimbursable meal.

Alternate lunch choices are PB&J or Egg Salad Sandwich. All students eat free meals! If you have a food allergy, please notify us.

