

Monday

Tuesday

Wednesday

Thursday

Friday

We Proudly Use These Local Vendors!

Juniper Hill Farm- Produce + Fresh Eggs
 Essex Food Hub – Apples / Pasta
 North Country Creamery - Yogurt
 Circle C Beef – Ground Beef
 Glaziers - Milk

Egg Salad

Chicken Salad

Tuna

PB&J

4
 Baked Ziti
 Homemade Breadstick
 Broccoli
 Fruits and Vegetables
 Milk

5
 Chicken Cantina Bowl
 Brown Rice
 Beans / Corn
 Fruits and Vegetables
 Milk

6
 Turkey Sub
 Lettuce / Tomato / Onion
 Potato Salad
 Fruits and Vegetables
 Milk

7
 Hamburger / Cheeseburger
 Baked Beans
 Fruits and Vegetables
 Milk

1
 Cheese Pizza
 Pepperoni Pizza
 Specialty Pizza
 Homemade Dessert
 Fruits and Vegetables
 Milk

8
 Cheese Pizza
 Pepperoni Pizza
 Specialty Pizza
 Homemade Dessert
 Fruits and Vegetables
 Milk

11
 Pizza Quesadillas
 Cheese / Pepperoni
 Buffalo Chicken
 Pasta Salad
 Fruits and Vegetables
 Milk

12
 BBQ Chicken on a Bun
 Coleslaw
 Fruit Salad
 Fruits and Vegetables
 Milk

13
Brunch for Lunch!
 French Toast / Maple Syrup
 Sausage / Home Fries
 Yogurt / Granola / Berries
 Fruits and Vegetables
 Milk

14
 Beef Taco Bowl
 Brown Rice
 Beans / Corn
 Fruits and Vegetables
 Milk

15
 Cheese Pizza
 Pepperoni Pizza
 Specialty Pizza
 Homemade Dessert
 Fruits and Vegetables
 Milk

18
 Chicken Parmesan Sub
 Caesar Salad / Broccoli
 Fruits and Vegetables
 Milk

19
 Cheeseburger Burrito
 Three Bean Salad
 Seasoned Rice
 Fruits and Vegetables
 Milk

20
 Grilled Cheese Sandwich
 Bacon Ranch Pasta Salad
 Fruits and Vegetables
 Milk

21
Early Release
 Italian Dunkers
 Marinara Sauce
 Fruits and Vegetables
 Milk

22
 NO SCHOOL

25
 NO SCHOOL
Memorial Day

26
 NO SCHOOL

27
 Greek Chicken Wrap
 Tzatziki / Hummus
 Greek Pasta Salad
 Fruits and Vegetables
 Milk

28
 Beef Nachos
 Homemade Cheese Sauce
 Brown Rice / Beans / Corn
 Fruits and Vegetables
 Milk

29
 Cheese Pizza
 Pepperoni Pizza
 Specialty Pizza
 Homemade Dessert
 Fruits and Vegetables
 Milk

Mountain View School encourages all students to select a complete meal containing all 5 food components at lunch.

Students must select at least 3 food components, with one of the food components being at least ½ cup of fruit or vegetable to constitute a reimbursable meal.

Alternate lunch choices are PB&J or Egg Salad Sandwich. All students eat free meals! If you have a food allergy, please notify us.