





Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>Sweet and Spicy Chicken Lo Mein Fruits and Vegetables Milk</p>	<p>2</p> <p>Beef Tacos Brown Rice Beans / Corn Fruits and Vegetables Milk</p>	<p>3</p> <p>Build Your Own Breakfast Sandwich Eggs / Sausage / Bacon / Cheese Home Fries / Yogurt / Granola Fruits and Vegetables Milk</p>	<p>4</p> <p>Macaroni and Cheese Seasoned Chicken Fruits and Vegetables Milk</p>	<p>5</p> <p>Cheese Pizza Pepperoni Pizza Specialty Pizza Homemade Dessert Fruits and Vegetables Milk</p>
<p>8</p> <p>Turkey Sandwich Pasta Salad Fruits and Vegetables Milk</p>	<p>9</p> <p>Pizza Quesadilla Cheese / Pepperoni Buffalo Chicken Brown Rice Fruits and Vegetables Milk</p>	<p>10</p> <p>Baked Ziti Homemade Breadstick Roasted Broccoli Fruits and Vegetables Milk</p>	<p>11</p> <p>Chicken Cantina Bowl Brown Rice Beans / Corn Fruits and Vegetables Milk</p>	<p>12</p> <p>Cheese Pizza Pepperoni Pizza Specialty Pizza Homemade Dessert Fruits and Vegetables Milk</p>
<p>15</p> <p>Chicken Fajitas Brown Rice Beans / Corn Fruits and Vegetables Milk</p>	<p>16</p> <p><i>Field Day!</i> Hamburger / Cheeseburger Chips + Salsa Fruits and Vegetables Milk</p>	<p>17</p> <p>Regents Exams Chef's Choice Fruits and Vegetables Milk</p>	<p>18</p> <p>Regents Exams Chef's Choice Fruits and Vegetables Milk</p>	<p>19</p> <p>NO SCHOOL <i>Juneteenth</i></p>
<p>22</p> <p>Regents Exams Chef's Choice Fruits and Vegetables Milk</p>	<p>23</p> <p>Regents Exams Chef's Choice Fruits and Vegetables Milk</p>	<p>24</p> <p>Regents Exams Chef's Choice Fruits and Vegetables Milk</p>	<p>25</p> <p>Regents Exams Chef's Choice Fruits and Vegetables Milk</p>	<p>26</p> <p>NO SCHOOL  <i>Superintendent's Day</i></p>
<p>29</p> <p>NO SCHOOL  <i>Summer Vacation</i></p>	<p>30</p> <p>NO SCHOOL  <i>Summer Vacation</i></p>			

We Proudly Use These Local Vendors!
 Juniper Hill Farm- Produce + Fresh Eggs
 Essex Food Hub – Apples / Pasta
 North Country Creamery - Yogurt
 Circle C Beef – Ground Beef
 Glaziers - Milk

Mountain View School encourages all students to select a complete meal containing all 5 food components at lunch.

Students must select at least 3 food components, with one of the food components being at least ½ cup of fruit or vegetable to constitute a reimbursable meal.

Alternate lunch choices are PB&J or Egg Salad Sandwich. All students eat free meals! If you have a food allergy, please notify us.