



SEPTEMBER 2026

BVCS Lake View

Every day we offer a delicious and varied salad bar full of fruits and vegetables!

Monday

Tuesday

Wednesday

Thursday

Friday

HARVEST HERO OF THE MONTH: APPLES!

STAY TUNED FOR THE "HARVEST HERO" EACH MONTH, WHERE WE WILL HIGHLIGHT A SEASONAL FRUIT OR VEGETABLE WITH DELICIOUS RECIPES!

NO SCHOOL

Labor Day

Buffalo Chicken
Macaroni and Cheese
Roasted Broccoli
Fruits and Vegetables
Milk

Sloppy Joe on a Bun
Potato Wedges
Fruits and Vegetables
Milk

Meatball Subs
Green Beans
Fruits and Vegetables
Milk

Beef Tacos
Brown Rice
Beans / Corn
Fruits and Vegetables
Milk

Chicken Quesadillas
Brown Rice
Beans / Corn
Fruits and Vegetables
Milk

Beef Nachos
Brown Rice
Beans / Corn
Fruits and Vegetables
Milk

Chicken Fajitas
Brown Rice
Beans / Corn
Fruits and Vegetables
Milk

Build Your Own Burrito
Seasoned Chicken
Brown Rice / Beans / Corn
Jalapenos / Sour Cream / Salsa
Fruits and Vegetables
Milk

BBQ Chicken Sandwich
Apple Coleslaw
Fruits and Vegetables
Milk

Hamburger / Cheeseburger
Baked Beans
Pickles
Fruits and Vegetables
Milk

Brunch for Lunch!
French Toast / Maple Syrup
Home Fries / Sausage / Eggs
Yogurt / Granola
Fruits and Vegetables
Milk

Pasta Bar
Meat Sauce / Marinara / Alfredo
Garlic Toast
Caesar Salad
Fruits and Vegetables
Milk

Chicken and Biscuits
Mashed Potatoes
Fruits and Vegetables
Milk

Goulash
Garlic Toast
Fruits and Vegetables
Milk

Italian Chicken
Pasta Salad
Apple Slices / Chocolate Hummus
Fruits and Vegetables
Milk

Chicken Salad Wraps
Chips + Salsa
Apple Salad
Fruits and Vegetables
Milk

Grilled Cheese Sandwich
Homemade Soup
Fruits and Vegetables
Milk

We Proudly Use These Local Vendors!
Juniper Hill Farm- Produce + Fresh Eggs
Essex Food Hub – Apples / Pasta
North Country Creamery - Yogurt
Circle C Beef – Ground Beef
Glaziers - Milk

Pepperoni Pizza
Cheese Pizza
Homemade Dessert
Fruits and Vegetables
Milk

Italian Dunkers
Marinara Sauce
Homemade Dessert
Fruits and Vegetables
Milk

Pepperoni Pizza
Cheese Pizza
Homemade Dessert
Fruits and Vegetables
Milk

Italian Dunkers
Marinara Sauce
Apple Crisp
Fruits and Vegetables
Milk

Lake View School encourages all students to select a complete meal containing all 5 food components at lunch.

Students must select at least 3 food components, with one of the food components being at least ½ cup of fruit or vegetable to constitute a reimbursable meal.

Alternate lunch choices are PB&J or Egg Salad Sandwich. All students eat free meals! If you have a food allergy, please notify us.