



SEPTEMBER 2026

BVCS Mountain View Breakfast Menu

Monday

Tuesday

Wednesday

Thursday

Friday

A VARIETY OF FRESH FRUIT
IS SERVED DAILY!

NO SCHOOL

Labor Day

English Muffins w/ PB or Butter
Yogurt Parfait
Homemade Muffin
HB Eggs / Cheese Stick
Fresh Fruit / Milk

English Muffins w/ PB or Butter
Yogurt Parfait
Homemade Muffin
HB Eggs / Cheese Stick
Fresh Fruit / Milk

English Muffins w/ PB or Butter
Yogurt Parfait
Homemade Muffin
HB Eggs / Cheese Stick
Fresh Fruit / Milk

Breakfast Sandwich
Sausage / Egg / Cheese
Homemade Muffin
HB Eggs / Cheese Stick
Fresh Fruit / Milk

Breakfast Sandwich
Sausage / Egg / Cheese
Homemade Muffin
HB Eggs / Cheese Stick
Fresh Fruit / Milk

Breakfast Sandwich
Sausage / Egg / Cheese
Homemade Muffin
HB Eggs / Cheese Stick
Fresh Fruit / Milk

Breakfast Sandwich
Sausage / Egg / Cheese
Homemade Muffin
HB Eggs / Cheese Stick
Fresh Fruit / Milk

Breakfast Sandwich
Sausage / Egg / Cheese
Homemade Muffin
HB Eggs / Cheese Stick
Fresh Fruit / Milk

Breakfast Quesadilla
Sausage / Egg / Cheese
Homemade Muffin
HB Eggs / Cheese Stick
Fresh Fruit / Milk

Breakfast Pizza
Homemade Muffin
HB Eggs / Cheese Stick
Fresh Fruit / Milk

Breakfast Burrito
Sausage / Egg Cheese
Homemade Muffin
HB Eggs / Cheese Stick
Fresh Fruit / Milk

Breakfast Quesadilla
Sausage / Egg / Cheese
Homemade Muffin
HB Eggs / Cheese Stick
Fresh Fruit / Milk

Breakfast Pizza
Homemade Muffin
HB Eggs / Cheese Stick
Fresh Fruit / Milk

Breakfast Sandwich
Bacon / Egg / Cheese
Homemade Muffin
HB Eggs / Cheese Stick
Fresh Fruit / Milk

Breakfast Sandwich
Bacon / Egg / Cheese
Homemade Muffin
HB Eggs / Cheese Stick
Fresh Fruit / Milk

Breakfast Sandwich
Bacon / Egg / Cheese
Homemade Muffin
HB Eggs / Cheese Stick
Fresh Fruit / Milk

Breakfast Sandwich
Bacon / Egg / Cheese
Homemade Muffin
HB Eggs / Cheese Stick
Fresh Fruit / Milk

Bagel Bar
Cream Cheese / PB / Butter
Specialty Smoothie
Homemade Muffin
HB Eggs / Cheese Stick
Fresh Fruit / Milk

Bagel Bar
Cream Cheese / PB / Butter
Specialty Smoothie
Homemade Muffin
HB Eggs / Cheese Stick
Fresh Fruit / Milk

Bagel Bar
Cream Cheese / PB / Butter
Specialty Smoothie
Homemade Muffin
HB Eggs / Cheese Stick
Fresh Fruit / Milk

Bagel Bar
Cream Cheese / PB / Butter
Specialty Smoothie
Homemade Muffin
HB Eggs / Cheese Stick
Fresh Fruit / Milk

We Proudly Use These Local Vendors!
Juniper Hill Farm- Produce + Fresh Eggs
Essex Food Hub – Apples / Pasta
North Country Creamery - Yogurt
Circle C Beef – Ground Beef
Glaziers - Milk

Mountain View School encourages all students to select a complete meal containing 3 food components at breakfast.

Students must select at least 3 food components, with one of the food components being at least ½ cup of fruit or vegetable to constitute a reimbursable meal.