



SEPTEMBER 2026

BVCS Mountain View Lunch Menu

Every day we offer a delicious and varied salad bar full of fruits and vegetables!

Monday

Tuesday

Wednesday

Thursday

Friday

NO SCHOOL

Labor Day

Cheeseburger Burrito
Lettuce / Tomato / Onion
Chips + Salsa
Fruits and Vegetables
Milk

Italian Dunkers
Marinara Sauce
Garlic Hummus
Fruits and Vegetables
Milk

Pepperoni / Cheese Quesadilla
Buffalo Chicken
Pasta Salad
Fruits and Vegetables
Milk

Chicken Wrap
Plain / Buffalo
Seasoned Rice
Fruits and Vegetables
Milk

Beef Tacos
Brown Rice
Beans / Corn
Fruits and Vegetables
Milk

Chicken Cantina Bowl
Brown Rice
Beans / Corn
Fruits and Vegetables
Milk

Chicken, Bacon, Cheese Roll-Up
Seasoned Rice
Green Beans
Fruits and Vegetables
Milk

Beef Taco Bowl
Brown Rice / Beans / Corn
Jalapenos / Sour Cream / Salsa
Fruits and Vegetables
Milk

Hamburger / Cheeseburger
Baked Beans
Pickles
Fruits and Vegetables
Milk

Sweet and Spicy Chicken
Vegetable Lo Mein
Fruits and Vegetables
Milk

*Build Your Own
Breakfast Sandwich*
Egg / Sausage / Bacon / Cheese
Home Fries / Yogurt / Granola
Fruits and Vegetables
Milk

Grilled Cheese Sandwich
Homemade Soup
Fruits and Vegetables
Milk

Chicken and Biscuits
Mashed Potatoes
Fruits and Vegetables
Milk

BBQ Chicken
Macaroni and Cheese
Fruits and Vegetables
Milk

Sloppy Joe on a Bun
Street Corn Pasta Salad
Fruits and Vegetables
Milk

Spaghetti
Meat Sauce / Marinara
Homemade Breadstick
Fruits and Vegetables
Milk

Chicken Parmesan Sub
Caesar Salad
Fruits and Vegetables
Milk

Cheese Pizza
Pepperoni Pizza
Specialty Pizza
Homemade Dessert
Fruits and Vegetables
Milk

Cheese Pizza
Pepperoni Pizza
Specialty Pizza
Homemade Dessert
Fruits and Vegetables
Milk

Cheese Pizza
Pepperoni Pizza
Specialty Pizza
Homemade Dessert
Fruits and Vegetables
Milk

Cheese Pizza
Pepperoni Pizza
Specialty Pizza
Homemade Dessert
Fruits and Vegetables
Milk

We Proudly Use These Local Vendors!
Juniper Hill Farm- Produce + Fresh Eggs
Essex Food Hub – Apples / Pasta
North Country Creamery - Yogurt
Circle C Beef – Ground Beef
Glaziers - Milk

Mountain View School encourages all students to select a complete meal containing all 5 food components at lunch.

Students must select at least 3 food components, with one of the food components being at least ½ cup of fruit or vegetable to constitute a reimbursable meal.

Alternate lunch choices are PB&J or Egg Salad Sandwich. All students eat free meals! If you have a food allergy, please notify us.